

Dr. Asha Dusad is a highly accomplished psychiatrist with a broad range of experience across various settings and roles. She currently practices at Omaha Insomnia and Psychiatric Services, where she began in August 2023. Prior to this, Dr. Dusad served as the Chair and Director of Behavioral Health at Bristol Hospital in Bristol, Connecticut, from January 2022 to August 2023. Her career also includes significant leadership roles as the Director of Behavioral Health at Johnson Memorial Hospital in Stafford Springs, Connecticut, from July 2020 to January 2022, and as an Attending Physician at St. Francis Hospital in Hartford, Connecticut, from July 2018 to June 2020. Dr. Dusad completed her Child Psychiatry Fellowship at UConn in June 2018 and her residency at Southern Illinois University School of Medicine, concluding in June 2016.

Her earlier roles include serving as a Clinical Manager at the Alcohol and Drug Recovery Center at St. Francis Hospital and working as a Research Assistant at Yale University School of Medicine. Dr. Dusad's clinical experience also encompasses externships and observerships in Connecticut and Arizona, as well as positions in India and the UK. She is ECFMG certified and earned her Bachelor of Medicine and Bachelor of Surgery from Gandhi Medical College in Bhopal, India, in 2005.

Dr. Dusad has contributed to the field through research and publications, including studies on early-onset bipolar disorder and neurocognitive function in women affected by the Bhopal gas tragedy. Her work has been featured in various prestigious conferences, such as the AACAP and APA Annual Conferences. Her research interests span firearm suicides in school settings, the genetics of functional disability in psychiatric disorders, and the impact of cannabis misuse on mental health.

In addition to her clinical and research achievements, Dr. Dusad has been recognized with several awards and has presented scientific findings at national and international meetings. Her commitment to advancing psychiatric care and her extensive experience in both clinical practice and research underscore her prominent role in the field.

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