



Omaha Insomnia
AND PSYCHIATRIC SERVICES

Natalie Wagner, LIMHP, LADC completed her Master's Degree in Community Counseling at UNO. Since then she has worked in acute, residential, IOP, partial care, triage, and outpatient settings serving people with mental health and chemical dependency concerns. Natalie utilizes a variety of approaches including CBT, DBT, solution-focused, trauma-informed, and motivational interviewing, though building positive and unconditional rapport has shown to be the most important dynamic