



Omaha Insomnia
AND PSYCHIATRIC SERVICES

Brian A. Lipnick, LCSW/LIMHP has worked in the mental health field for many years in various capacities. His approach to therapy (ies) is eclectic adapting to the unique needs of each specific client, although his primary therapeutic technique is CBT. He addresses issues of major mental illness with individuals, couples and families.



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BRIAN A. LIPNICK, LCSW/LIMHP

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Omaha, NE 68144
402.991.9630

EDUCATION:

Monmouth College- West Long Branch, New Jersey	1971-1975
Bachelor of Arts in Psychology	
N.D.A.D.A. -Certified Professional Alcohol/Drug Abuse Counselor	1982
Rutgers University- New Brunswick, New Jersey	1986-1987
Graduate School of Social Work	
University of Nebraska - Omaha, Nebraska	1992
Masters Degree of Social Work	

CERTIFICATION AND LICENSES:

Certified Master Social Worker #658	7-94
Licensed Mental Health Practitioner #60	9-94
Licensed Independent Mental Health Practitioner #182	11-07
Certified to administer and interpret Adult & Adolescent SASSI-3	

PROFESSIONAL ASSOCIATIONS:

EAP Provider and Certified Substance Abuse Professional (SAP)

QUALIFICATIONS PROFILE:

Highly motivated, compassionate and dedicated professional equipped with broad-based years of experience in social work and psychotherapy. Show exemplary case management skills and keen expertise in diagnosis and treatment of emotional disturbances and mental health disorders.

I am accustomed to working with multidisciplinary teams and other health professionals, such as including social workers, psychologists/psychiatrists, therapists, and student interns. I am known for proficiency and strict adherence to professional protocols, social work values and ethics, and Federal/State regulations .

EMPLOYMENT EXPERIENCES:

Omaha Insomnia and Psychiatric Services: Clinician	11/15-Present
Better Decisions Counseling, LLC: Clinician	9/15--Present
Better Living Counseling Services, Omaha, Nebraska	7/92 - 9/15
Clinical Supervisor and Clinical Therapist: Therapy with dual diagnosis population i.e. major mental illness and intellectual developmental disorder; provide in-office and home-based	



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therapy; child and adolescent services utilizing play and art therapy techniques; Couples, individual, and family therapy. Conduct psychosocial evaluations and mental status exams. Supervise LMHP's, PLMHP's, visitation specialists and family support workers. EAP provider.

Immanuel Medical Center, Omaha, Nebraska 8/90-9/92

Medical Social Worker: Provide direct casework services to patients and their families. Interventions were related to the individual's needs according to illness or disability. Worked with various professional modalities including individual and/or family counseling, coordination of services, interdisciplinary collaboration along with group process and integrated community organization skills.

Immanuel Medical Center, Omaha, Nebraska 8/89---8/90, 7/77 – 9/80

Active psychotherapy group leader and co-therapist: management of alcohol and drug withdrawal; participation in planning and implementation of patient care programs for the emotionally disturbed; one-to-one, family, group and adolescent counseling; crisis intervention.

Rutgers Community Mental Health Center, Piscataway, New Jersey 10/84 – 8/88

Mental Health Specialist Supervisor, Adolescent/Child Inpatient Unit: Responsible for supervising mental health staff within a therapeutic milieu setting; member of a multi-disciplinary treatment team responsible for clinical planning and case review; counseling and crisis intervention with emotionally disturbed children and adolescents; design and implementation of groups and activities; initiated development of Token Economy System; co-leader in Parent Counseling Group and family therapy sessions.

Equilibria Medical Center, Omaha, Nebraska 4/81 -5/84

Counselor, Effective, comprehensive counseling for substance abuse within a Methadone maintenance setting: one-to-one and family counseling; crisis intervention; use of community resources in assisting clients with rehabilitative processes.

Raritan Bay Mental Health Center, Perth Amboy, New Jersey 1974

Assistant Therapist: Working with groups and individuals, emotionally disturbed and socially maladjusted children ages 10 to 15 years of age and their families.

OTHER APPLICABLE WORK EXPERIENCE:

Search Day Program for Autistic Children, Wanamassa, New Jersey 1973 - 1975

Volunteer: Working in a classroom setting with autistic children ranging from 5 to 13 years of age; use of behavior modification techniques for remedial learning and educational deficits.

Marlboro Psychiatric Hospital: 1972 - 1973

Volunteer: Participation in drug rehabilitation inpatient units; observation and participation in various types of psychotherapy groups for chemically dependent clients.



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Membership In Professional Societies:

Nebraska Chapter, National Association of Social Workers
Children's Mental Health Advocates
Metropolitan Child Advocacy Coalition
Association for Play Therapy, Inc.