



Omaha Insomnia

AND PSYCHIATRIC SERVICES

Christina Hadley is a Board Certified Psychiatric Mental Health Nurse Practitioner, since 2019. Christina's healthcare journey started as a Health Educator where she assisted individuals in managing chronic illnesses such as obesity, diabetes, hypertension. She worked first as a critical, then circulatory and behavioral nurse before she ventured into managing chronic disease of inmates as a Family Nurse Practitioner. Christina has been involved in various mental health roles since 2011. She is experienced in treating anxiety, depression, bipolar disorders, PTSD, and ADHD. She enjoys working with young adults, ages 18 y.o.a to 45 y.o.a. and believes in providing a safe and comfortable environment where individuals can seek help. Christina is an avid fan of performing arts. She enjoys spending time with family, travel adventures and tranquil moments in nature.